

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
			1	2
<p>5 KCal 860 P. 25 Lip. 31 H.C. 120</p> <ul style="list-style-type: none"> Macarrones con tomate y chorizo Varitas de merluza con lechuga Fruta / Pan <ul style="list-style-type: none"> Macaroni with tomato sauce and chorizo Hake sticks with lettuce Fruit / Bread 	<p>6 KCal 774 P. 23 Lip. 40 H.C. 81</p> <ul style="list-style-type: none"> Sopa de estrellas con pollo y huevo Albóndigas de vacuno a la jardinera Fruta / Pan <ul style="list-style-type: none"> Stars soup with chicken and egg Veal meatballs with mixed vegetables Fruit / Bread 	<p>7 KCal 651 P. 19 Lip. 24 H.C. 86</p> <ul style="list-style-type: none"> Puré de verdura Tortilla de patata con ensalada Yogur / Pan <ul style="list-style-type: none"> Vegetable cream Spanish omelette with salad Yogurt / Bread 	<p>8 KCal 693 P. 49 Lip. 15 H.C. 92</p> <ul style="list-style-type: none"> Lentejas con verdura Pechugas de pollo empanadas con patatas Fruta / Pan <ul style="list-style-type: none"> Lentils with vegetables Breaded chicken breasts with potatoes Fruit / Bread 	<p>9 KCal 702 P. 33 Lip. 17 H.C. 107</p> <ul style="list-style-type: none"> Fabada asturiana Filete de salmón al horno con limón Fruta / Pan <ul style="list-style-type: none"> Asturian bean stew Baked salmon fillet with lemon Fruit / Bread
<p>12 KCal 666 P. 30 Lip. 12 H.C. 115</p> <ul style="list-style-type: none"> Arroz con pollo Fritos de pixín con lechuga Fruta / Pan <ul style="list-style-type: none"> Rice with chicken Monkfish croquettes with lettuce Fruit / Bread 	<p>13 KCal 765 P. 49 Lip. 20 H.C. 95</p> <ul style="list-style-type: none"> Espaguetis con garbanzos Lomo fresco con pimientos Fruta / Pan <ul style="list-style-type: none"> Chickpeas with vegetables Fresh pork loin with peppers Fruit / Bread 	<p>14 KCal 848 P. 33 Lip. 29 H.C. 113</p> <ul style="list-style-type: none"> Espaguetis napolitana Filete de merluza en salsa verde Natillas / Pan <ul style="list-style-type: none"> Neapolitan spaghetti Hake fillet in green sauce Custard / Bread 	<p>15 KCal 502 P. 27 Lip. 14 H.C. 68</p> <ul style="list-style-type: none"> Sopa de ave con fideos Chuleta sajonia con patatas Fruta / Pan <ul style="list-style-type: none"> Fowl soup with noodles Pork chop with potatoes Fruit / Bread 	<p>16 KCal 598 P. 43 Lip. 18 H.C. 67</p> <ul style="list-style-type: none"> Crema de calabaza con picatostes Muslo de pollo asado al limón con ensalada Fruta / Pan <ul style="list-style-type: none"> Pumpkin cream with fried bread Grilled chicken thigh with lemon and salad Fruit / Bread
<p>19 KCal 722 P. 30 Lip. 21 H.C. 103</p> <ul style="list-style-type: none"> Lentejas con chorizo Tortilla de patata con ensalada Fruta / Pan <ul style="list-style-type: none"> Lentils with chorizo Spanish omelette with salad Fruit / Bread 	<p>20 KCal 544 P. 18 Lip. 10 H.C. 95</p> <ul style="list-style-type: none"> Macarrones boloñesa Abadejo en salsa verde Fruta / Pan <ul style="list-style-type: none"> Bolognese macaroni Fruit / Bread 	<p>21 KCal 604 P. 28 Lip. 21 H.C. 74</p> <ul style="list-style-type: none"> Puré de verdura Hamburguesa de vacuno al horno con tomate y pimientos Yogur / Pan <ul style="list-style-type: none"> Vegetable cream Baked veal hamburger with tomato and peppers Yogurt / Bread 	<p>22 KCal 718 P. 32 Lip. 26 H.C. 90</p> <ul style="list-style-type: none"> Fabes pintas con arroz Filete de merluza romana con mahonesa Fruta / Pan <ul style="list-style-type: none"> Red beans with rice Battered hake fillet with mayonnaise Fruit / Bread 	<p>23 KCal 875 P. 46 Lip. 33 H.C. 97</p> <ul style="list-style-type: none"> Fideuá de marisco Jamoncitos de pollo con ensalada de tomate Fruta / Pan <ul style="list-style-type: none"> Seafood fideuá Chicken drumsticks with tomato salad Fruit / Bread
<p>26 KCal 813 P. 40 Lip. 28 H.C. 100</p> <ul style="list-style-type: none"> Espirales salteados con champiñón y bacon Lomo adobado con pimientos rojos Fruta / Pan <ul style="list-style-type: none"> Spirals sautéed with mushrooms and bacon Marinated pork loin with red peppers Fruit / Bread 	<p>27 KCal 664 P. 37 Lip. 21 H.C. 82</p> <ul style="list-style-type: none"> Garbanzos estofados con fideos Bacalao con pisto Fruta / Pan <ul style="list-style-type: none"> Chickpeas with noodles Cod with ratatouille Fruit / Bread 	<p>28 KCal 740 P. 43 Lip. 30 H.C. 73</p> <ul style="list-style-type: none"> Crema de calabacín Carne guisada de ternera con verduras Yogur / Pan <ul style="list-style-type: none"> Courgette cream Stewed veal with vegetables Yogurt / Bread 	<p>29 KCal 793 P. 31 Lip. 24 H.C. 114</p> <ul style="list-style-type: none"> Arroz con tomate Filete de merluza con patata panadera Fruta / Pan <ul style="list-style-type: none"> Rice with tomato sauce Hake fillet with potatoes Fruit / Bread 	<p>30 KCal 645 P. 41 Lip. 14 H.C. 87</p> <ul style="list-style-type: none"> Patatas con carne Flamenquines con lechuga Fruta / Pan <ul style="list-style-type: none"> Potatoes with meat Flamenquines with lettuce Fruit / Bread